

# Some Rules...

But not too many and none too serious.

### Rule 1 Get Involved!

We welcome all students to get involved, although carrying out a trial can be a tough task so we recommend that senior primary school classes (4th, 5th & 6th class) take the lead. Older students can show younger students the way should younger classes wish to get involved. Entries will also be accepted from a small group of students who wish to do this as an extracurricular activity (provided their teachers are supporting them).

# Rule 2 Be clear and simple

The trial does not need to be too hard or difficult, this competition is about understanding the process, rather than becoming the new Einstein! So judges are looking for a trial which sticks to the recommended steps, rather than how complex the question is. Think of a very simple and clear question you would like to test out and stick with it.

# Rule 3 Have fun!

Anything goes with this project, learning about a serious issue such as a trial need not be boring. Think of funny and creative ways to tell everyone about your trial, give your trial a fun name or make the teachers your trial participants!

#### Rule 4 Get "real" consent

Make sure you get parental consent for all students appearing or participating in any video recordings or photos associated with the final project submission. Please ensure that all students' parents or guardians are fully aware of the nature of the competition and subsequent use and display (including online) of any entries, specifically those that include video or photos by HRB - Trials Methodology Research Network (HRB-TMRN) or the Health Research Board, which will include publicly sharing the entries on You Tube.



#### Rule 5 Stick to the trial steps

Use the resource Step by Step guide provided to help with the overall process. A trial should consist of these 8 steps. The judges will be looking for a trial which sticks closely to a real trial format.

### Rule 6 Be Creative!

This is the only rule about how you should present your findings for the competition. See below some guidelines of the various formats your submission can be, however we welcome weird and wonderful ideas for your submission.

#### Submission Guidelines:

- If making a video, please don't use any copyrighted material without permission, such as video clips (TV, movies and online videos), music, sound recordings, etc. You can find royalty free material online.
- If making an outdoor recording (video or podcast), please be mindful that sound quality may not be the best.
- We recommend any video or audio recordings be limited to approx. 3 4 minutes.
- As per Rule #4 please make sure you obtain parental or guardian consent for any photos or recordings of students which are to be used for the submission process.
- If you have any external technical help with making a video or podcast, please let us know so we can fairly judge entries.
- If writing a written report please ensure the word count is < 2,000 words.
- If preparing an artwork or collage, please consider how this will be submitted for judging and, if shortlisted, transported to Galway.

# Rule 7 Enjoy the competition and give it your best shot!



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